**What to do**

**Listening & Speaking**

*IMPORTANT Parent or Carer –*

*Please check that you are happy with any weblinks or use of the internet.*

Our focus today is speaking and listening – expressing ourselves in spoken language.

**1. Talk about superheroes**

Talk about any superheroes that you know. What are superheroes like? What do they do? What special clothes do they wear, or gadgets do they use? (This may be a long or short conversation, depending on your child’s interests!)

**2. Listen to a story book**

Watch and listen to the story **Even Superheroes Have Bad Days** by Shelly Beckerin this Cbeebies Bedtime Story: <https://vimeo.com/216918288> (or you could read the story to your child if you have a copy at home).

**3. Respond to the story**

* Talk about the story. What good things do the superheroes do? What powers did they have? What might make a superhero feel mad or sad? What do they do to help them feel calm? Can we try any of these things?
  + Draw a superhero and label *eye mask, cape, belt, gloves* etc. on *My Superhero* below. This can be a favourite superhero, or one you have created together. Talk about the hero as you draw. What are they like? What makes them a superhero?

**Try these Fun-Time Extras**

* Chant together Five Superheroes (*see below*) following the pattern of reducing by one each time. Use lots of expression, especially for the ‘Whoosh!’, and develop some actions to go with it. You could have 5 minifigures and take away one for each verse.
* Sing along with this CBeebies song If *I could be a Superhero:*

<https://www.bbc.co.uk/cbeebies/watch/cbeebies-house-if-i-could-be-a-superhero>

A close up of a logo

Description generated with very high confidence**My Superhero**

A picture containing container, text

Description generated with high confidence

**Five Superheroes**

Five Superheroes brave,

Looking for someone to save.

They heard a crash,

One flew off in a flash,

Faster than a gravity wave,

*Whoosh!*

Four Superheroes brave,

Looking for someone to save.

They heard a crash,

One flew off in a flash,

Faster than a gravity wave,

*Whoosh!*

Three Superheroes…. etc...

