25.1.21

LO: I can understand the duties of a committed Muslim.

This week we are studying the Five Pillars of Islam again, and reflecting on what they each mean.

The Five Pillars of Islam

These are the five most important duties for Muslims.



- Muslims declare their faith. This means they think about what they believe, then say out loud that they believe in Allah, using a special set of words. The Arabic word for this is **Shahadah**.
- Muslims try to pray five times each day. This is called **Salah or Salat.** They pray at home, or work, or at school, or in their holy building, called a mosque.
- Muslims give a certain amount of the money they earn to charity. This helps
 others, and also helps them to remember and appreciate how fortunate they are.
 This is called *Zakat*.
- In the holy month of Ramadam, Muslims who are fit and well must fast during daylight hours. This means they do not eat or drink anything during the day! This is called **Sawm**.
- Every Muslim should go on a pilgrimage at least once in their life to the place where Islam was founded. This holy place is Mecca, in Saudi Arabia, and the pilgrimage is called a *Hajj*.



Watch this clip again, then answer the 2 questions.

• https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks1-the-five-pillars-of-islam/zv84jhv

Think about what reasons behind each of the Pillars. What do you think it would be like to carry out these duties?

1. How would you feel about carrying out these duties? Would some be more difficult than others? Why?

Is there one that you think is more important than the others. Write about why. **And remember,** this is about your personal opinion and views – there is no correct answer!

2. In your view, which is the most important of the Pillars? Why do you think so? Write about why you chose it.