

## 25.1.21

**LO: I can understand ways in which Muslims show their faith.**

We have learned how important it is for committed Muslims to use their beliefs in their everyday lives. They do this through following the Five Pillars of Islam.

## The Five Pillars of Islam

These are the five most important duties for Muslims.



Let's look at two areas to find out more about how this affects everyday life as a Muslim.

### Washing before prayer

The central place of worship for Muslims is the mosque. Here Muslims pray, learn more about the Islamic faith and share their beliefs. In this video, Kaisan, who is 12, shows us around his local mosque

<https://www.bbc.co.uk/teach/class-clips-video/religious-education-ks2-my-life-my-religion-east-london-mosque/zmctvk7>

Showing respect towards Allah and the Prophet Muhammad is central to the Islamic faith. One way of doing this is to wash before praying to Allah. This is

called **wudu**. Kaisan tells us more about this :

<https://www.bbc.co.uk/teach/class-clips-video/religious-education-ks2-my-life-my-religion-washing-ritual-wudu/zvmrwtv>

Muslims wash five times every day before prayer. As well as it being healthy to keep clean, it has a spiritual purpose; it reminds you that Allah is the creator, and when humans come to speak to God, being clean shows respect and that our spirits are clean as well as our bodies.

## **Clothing**

In many religions, people choose to wear smart or special clothes when they go to their place of worship. In some religions, people wear special clothes everyday. Many Muslims also choose to show their commitment to Islam by what they wear. Women will wear a headscarf, called a **hijab** which comes from the Arabic word for 'veil'. They also wear clothes which cover most of their body, only showing their hands. Men may also choose to dress modestly.

In this video, Sara, who is 11, talks about why she is going to start wearing the hijab soon.

<https://www.bbc.co.uk/teach/class-clips-video/religious-education-ks2-my-life-my-religion-hijab/zhdrcqt>

Now answer these questions. There are no right or wrong answers; it is about your opinion!

- 1. Why do you think Muslims wash before prayer? Do you think this is a good thing to do? Can you explain your opinion?**
- 2. Sara wears the hijab. Why do you think she has chosen to wear it? What does it mean to her?**