

## **Monday 22.02.21 R.E**

During half term I'm sure you will have enjoyed some delicious pancakes with your family which we know as Pancake Day or Shrove Tuesday, so over this half term we are going to be learning about the Christian celebrations of Easter. We will be starting with Ash Wednesday and Lent and what this celebration means for Christians.

**L.O I understand what Ash Wednesday and Leant means to Christians and why it is celebrated.**

Have a look at the PowerPoint, When Is Lent?

And watch this video clip from BBC Bitesize

<https://www.bbc.co.uk/bitesize/topics/ztkxpv4/articles/z77jf4j>

The period of 40 days between Ash Wednesday and Easter Sunday is called Lent and is the same period of time which Jesus spent in the Wilderness. The 40 days of Lent is a time which Christians around the world use to prepare for Easter. Christians give things up for Lent so they can concentrate more fully on God.

**Have a think and talk about the things you could give up and why you would choose them?**

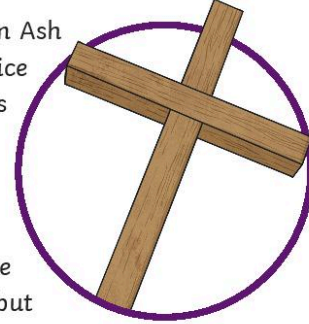
**What would you concentrate on?**

There is no right or wrong answer as these questions are individual to each of you.

Now have a go at the sheet below. (One for year 3 and year 4)

# What Would You Give Up for Lent?

Lent is a very special time for Christians. It lasts for 40 days, from Ash Wednesday to Easter Sunday. It is a time to remember the sacrifice Jesus made, as well as his example in resisting temptations. Lent is also a time of new beginnings and new growth, the perfect time to get fit and healthy for life.



Fasting is an important part of Lent. Christians usually give up something for Lent which they really enjoy so that it is a real sacrifice for them to be without it for 40 days. Traditionally, Christians fast but you can give up anything for Lent, from a video game to using plastic.

What could you give up for Lent? Can you draw and label your sacrifice?



Why have you chosen to give this up for Lent?

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## What Would You Give Up for Lent?

Will it be difficult for you to give this up for Lent? Mark the scale to show your answer.

**easy** **impossible**

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What could you do to help you keep your promise?

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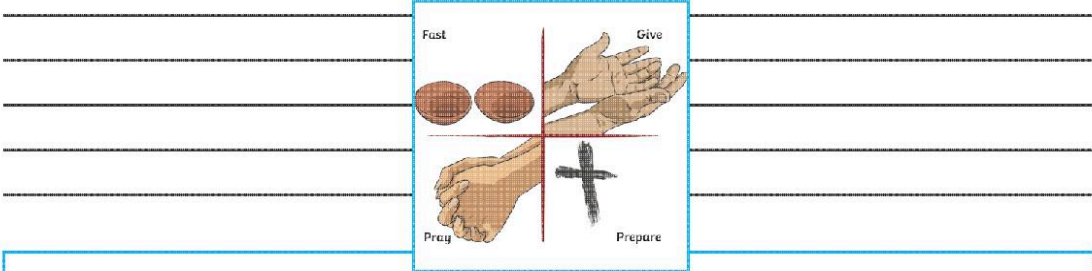
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**Year 4**

# Lent

Many Christians give up something during Lent. Often the thing they give up is something that they feel they spend too much time or money on or something that is bad for them. They might give up chocolate, crisps. Or they could try to watch less TV or give up playing computer games. If you were going to give up something for Lent, what would it be and why?

Christians often give money to charities during Lent. This is to help people in need. Have you ever done anything for charity? If so, what did you do? If not, if you were going to raise money for a charity, which charity would it be and why?



Many Christians spend time during Lent praying (talking to God). If you could talk to anyone in the world, who would it be? What would you say to them?

Lent is the period when many Christians get ready for Easter. Write about a time when you got ready for a special event. What was the event? How did you feel? How did you prepare?

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**Activity below for you to do.**

In ancient times people who wanted to become Christians covered their heads with ashes to show they were sorry and ready to start behaving the way Jesus taught them. Now the priest makes the sign of the cross on our foreheads. Ash Wednesday is a Christian holy day of prayer and fasting and is the first day of Lent.

Can you have a go at making your own Ash Wednesday cross? Below are some ideas on how you could create your own Ash Wednesday cross.

Ashes are used by a priest or minister to make the sign of a cross on someone's forehead, during services held on Ash Wednesday. Ash Wednesday is the first day of Lent when Christians remember Jesus's time in the desert, think about how they can lead better lives and how they can help others. Traditionally this is a more sombre time of reflection in Christianity and the art activities below reflect this in the use of black, grey and white shades and colours.



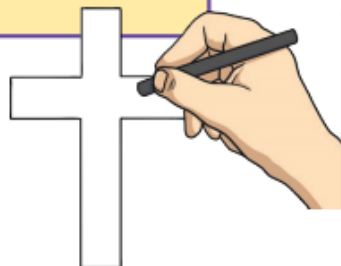
### Can you use ashes or charcoal to create some Ash Wednesday art?

Ashes are messy so please wear an apron or overall and cover your work space with newspaper!

Cut out a Christian cross or crosses from a piece of card. Place the cross(es) on paper. These could be secured with masking tape or sticky dots. Draw round your cross(es) with charcoal or chalk. You could cover the rest of the paper with glue and ashes. Remove your crosses carefully to reveal the shapes they have left on your paper. This activity could also be done using the sheet the crosses were cut from so that the only shaded/covered parts on your paper are the cross shapes.

Draw a large Christian cross symbol in the centre of your paper. Cover the cross with white glue. Using ashes, crushed charcoal or chalk, sprinkle onto the glue and leave to dry. You could use a mixture of crushed charcoal, crushed chalk and ash to create patterns and variations of shade on your cross.

Using a sponge cut into a cross shape, dip the sponge into ash or crushed charcoal, making sure the sponge's surface is covered. Use it to print cross patterns on your paper.



You could also do cross printing with other materials. Use white, grey or black ink, paint and glue mixed or just paint, using shapes marked on polystyrene tiles or cut from lino squares.



I had a go making my Ash Wednesday cross using some coal which I would usually use on my fire. You don't have to use ashes you can use paint, crayons or pastels, anything you have which could resemble an ash effect, be as creative as you want and I look forward to seeing what you come up with.