

# Autumn Term Menu

	<b>Week 1</b> - w/c 6 <sup>th</sup> & 27 <sup>th</sup> Sept, 18 <sup>th</sup> Oct, 15 <sup>th</sup> Nov, 6 <sup>th</sup> Dec	<b>Week 2</b> - w/c 13 <sup>th</sup> Sept, 4 <sup>th</sup> Oct, 1 <sup>st</sup> & 22 <sup>nd</sup> Nov, 13 <sup>th</sup> Dec	<b>Week 3</b> - w/c 20 <sup>th</sup> Sept, 11 <sup>th</sup> Oct, 8 <sup>th</sup> & 29 <sup>th</sup> Nov
<b>Monday:</b>	Beef Burger in a Bun, Chipped Potatoes, Peas & Carrots  Sticky Date & Apple Bars with Custard, Fresh Fruit or Yoghurt	Connie's Chicken Quesadilla & Rice, Sweetcorn, Green Beans, Sliced Wholemeal Bread  Sultana & Oat Cookie Fresh Fruit or Yoghurt	Minced Beef & Dumpling, ½ Jacket Potato, Mixed Vegetables & Poppy Seed Bread  Chocolate Crispy Fresh Fruit or Yoghurt
<b>Tuesday:</b>	V Vegetarian Cottage Pie, Green Beans, Sweetcorn & Crusty Bread  Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	Pasta Bolognese, Mixed Greens, Carrots & Garlic Bread  Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	V Quorn Dippers & Potato Wedges with Tomato Ketchup, Green Beans, Sweetcorn & Herby Bread  Cheese & Crackers, Fresh Fruit or Fruit Yoghurt
<b>Wednesday:</b>	Roast Chicken, Sage & Onion Stuffing & Gravy, Roast Potatoes, Medley of Vegetables & 50/50 Bread  Fruit Muffin, Fresh Fruit or Yoghurt	Sausage Toad in the Hole with Onion Gravy, Creamy Mashed Potatoes, Broccoli & Swede & Herbie Bread  Fruit Mousse, Fresh Fruit or Yoghurt	Roast Loin of Pork with Apple Sauce, Creamy Mashed Potatoes, Gravy, Broccoli, Carrots & 50/50 Bread Forest Fruit Roly Poly & Custard Fresh Fruit or Fruit Yoghurt
<b>Thursday:</b>	Mexican Tortilla Boats, Savoury Rice, Carrots, Broccoli & Pitta Bread  Fresh Fruit or Fruit Yoghurt	V Cheese & Tomato Pizza, Diced Potatoes & Crunchy Veg Sticks  Apple & Berry Crumble & Custard Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice, Green Beans, Cauliflower & Naan Bread  Fresh Fruit or Fruit Yoghurt
<b>Friday:</b>	Fish & Sweet Potato Cake, ½ Jacket Potato, Baked Beans, Peas & HM Wholemeal Bread  Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers, Tomato Ketchup, Chipped Potatoes, Carrots, Peas & Pumpkin Seed Bread  Fruit Shortcake Fresh Fruit or Fruit Yoghurt	Harry Ramsdens Battered Fish, Chipped Potatoes, Peas, Sweetcorn & Sunflower Seed Bread  Iced Swiss Bun Fresh Fruit or Yoghurt

All served with salad or vegetables and pudding of the day.

Meals maybe subject to change due to stock availability



## Alternative Choice for each day

Monday:	Baked Potato with Baked Beans
Tuesday:	Tuna & Sweetcorn Sandwich
Wednesday:	Cheese Sandwich
Thursday:	Ham Sandwich
Friday:	Baked Potato with Cheese

Served with either salad or vegetables , plus the dessert



Sandwiches served in wholemeal bread.

Last updated – 1<sup>st</sup> Oct 2021